

# Black and White

Today we are going to explore **Black** and **White**!

We are going to look at the colors, the idea of contrast, and shadows/light.



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# Jackson Pollock

Jackson Pollock (1912-1956) was an American artist best well known for his “drip” paintings. Instead of traditional painting techniques, Pollock placed his canvases on the floor and dripped or flung his paint onto the canvas. Because of his energetic style of painting, his method was also called “action painting.”



Jackson Pollock  
Hans Namuth  
Gelatin Silver Print  
National Portrait Gallery  
NPG.95.158  
[https://www.si.edu/object/npg\\_NPG.95.158](https://www.si.edu/object/npg_NPG.95.158)



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# Paint like Pollock!

## Directions:

- Lay down some newspaper/something to protect the floor. It's going to get messy!
- Lay out a large piece of paper (or tape a few pieces together) on the floor
- Fill cups with black and white paint (feel free to add any other colors you have around) and place sticks or spoons in each cup.
- Show your child how you can drip paint off the stick/spoon onto the paper to create unique designs.
- Let your child explore drip/action painting!



*Number 1 1950 (Lavender Mist)* (1950)  
Jackson Pollock  
Oil, Enamel, and Aluminum on Canvas  
1976.37.1  
<https://www.nga.gov/collection/art-object-page.55819.html>



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# Shadow Play

Let's explore how our bodies create dark shadows on a white sheet!

## Materials:

- A white or light-colored flat sheet
- A flashlight
- A dark room

## Directions:

- Tape or pin the sheet to a wall
- Set up flashlight a few feet away, facing the sheet
- Turn off the lights and turn on the flashlight
- Enjoy!

## Ways to engage:

- Talk about what you see in the shadows
- Use toys to create new shadows
- See what happens when objects are closer/farther away from the flashlight
- Try making hand-puppets!



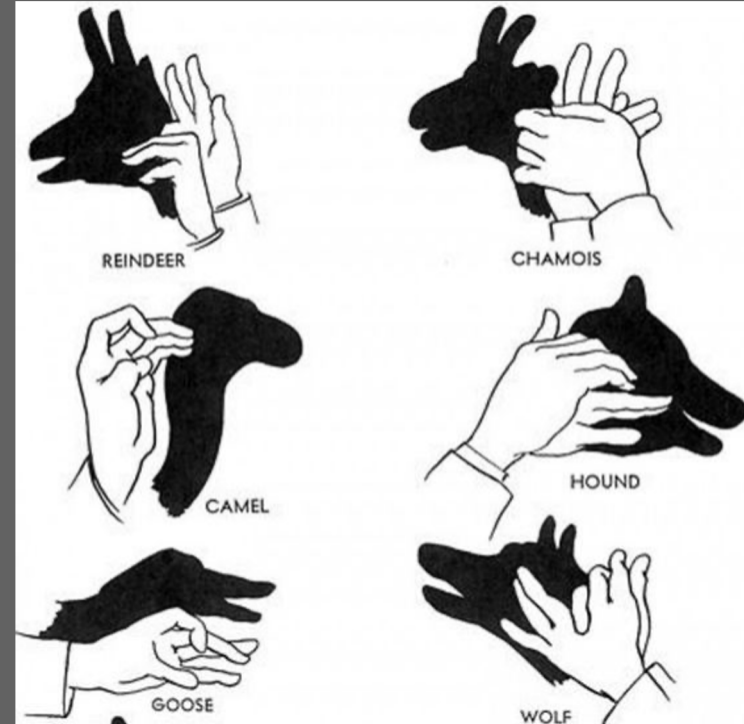
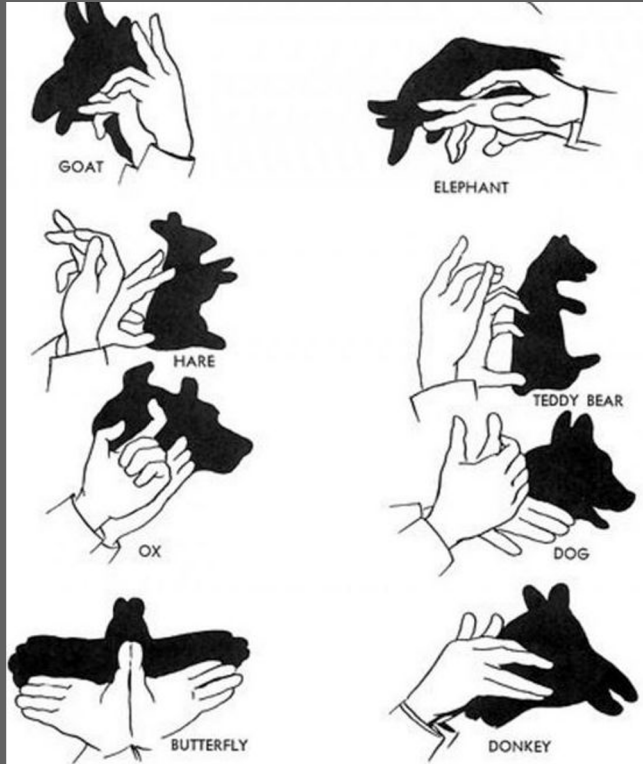
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# Hand Puppet Guide



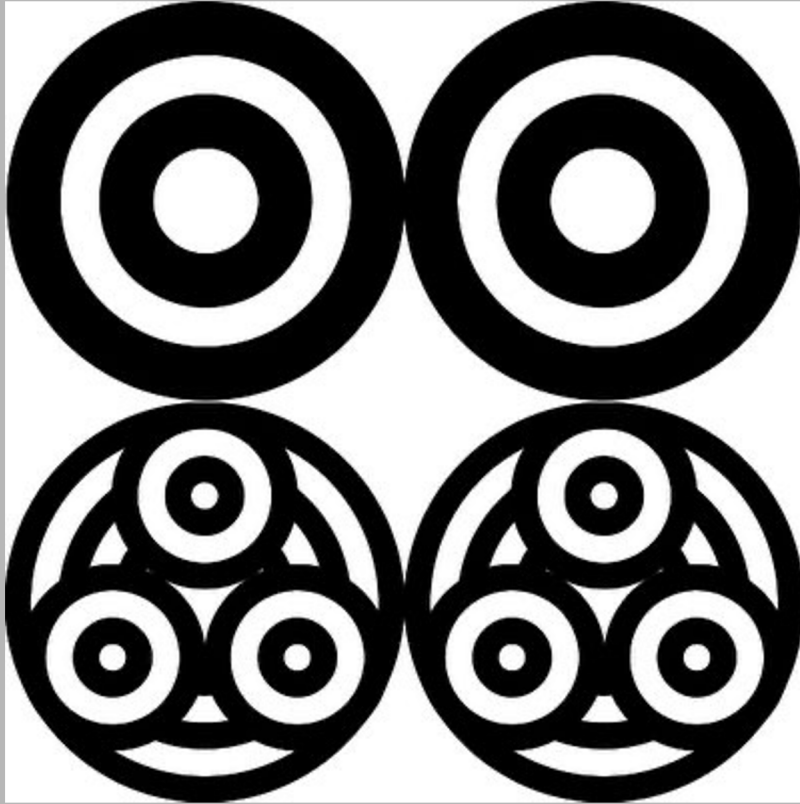
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Images courtesy of: <https://www.elitereaders.com/hand-shadow-puppets/?cn-reloaded=1>

# Creating High Contrast Posters



- Take some white paper
- Black markers, crayons, or paint
- Help your child make all kinds of marks and shapes
- Hang it up on the wall and discuss the dark and light colors!

Image Courtesy Of: <https://www.pinterest.com/firstfiveyears/high-contrast-images-for-infants/>



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# Flashlight Dance Party!

- Grab some flashlights or turn the flashlight on your phone
- Play your favorite jams!
- Turn off the lights
- Dance and jump around while waving the flashlight

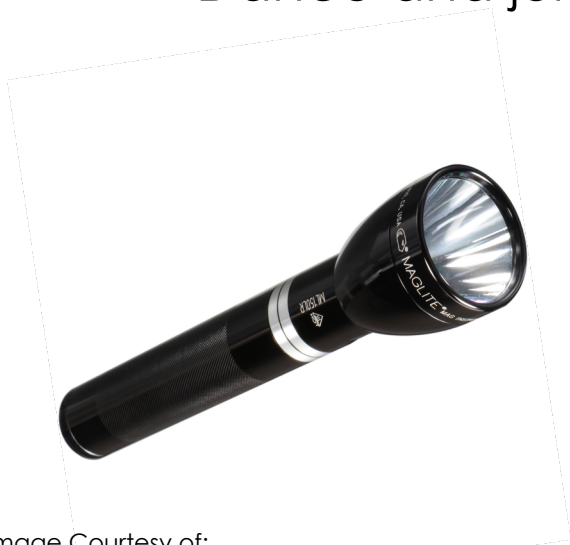


Image Courtesy of:  
[https://www.bhphotovideo.com/c/product/1396553-REG/maglite\\_ml150lr\\_1019\\_ml150lr\\_3c\\_cell\\_rechargeable\\_system.html](https://www.bhphotovideo.com/c/product/1396553-REG/maglite_ml150lr_1019_ml150lr_3c_cell_rechargeable_system.html)



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# Animals

- Let's look at some animals that are black and white!
- We have a zebra, a white tiger, and a skunk.
- What other animals are black and white?
- Look up other black and white animals.



1



2



3

1. <https://search.creativecommons.org/photos/231414a6-ece2-4954-9aa6-44fdbd52411d>

2. <https://search.creativecommons.org/photos/cb4881d9-f1d7-494e-b271-295d360cc51f>

3. <https://search.creativecommons.org/photos/29262778-0825-4456-99d3-19faee7629b7>



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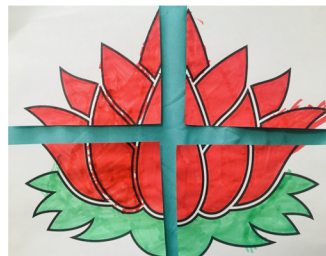
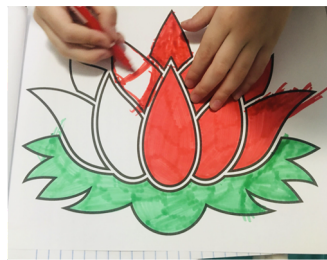
# Puzzle Time!

## Supplies:

- Crayons, markers,
- or colored pencils
- Paper
- Scissors (for your use only)
- Thin cardboard, such as from a cereal or cracker box (Optional)

## Directions:

- Print the picture of the flower on the next page (or draw one or find one you like more)
- Invite your child to color the picture
- Cut the colored picture into 4 large puzzle pieces. For infants and toddlers, make the shapes easy to recognize-squares. If you want to encourage your older siblings to join, make more pieces and cut them into shapes that are not the same.
- Mix up the pieces and invite your child to put the puzzle together.

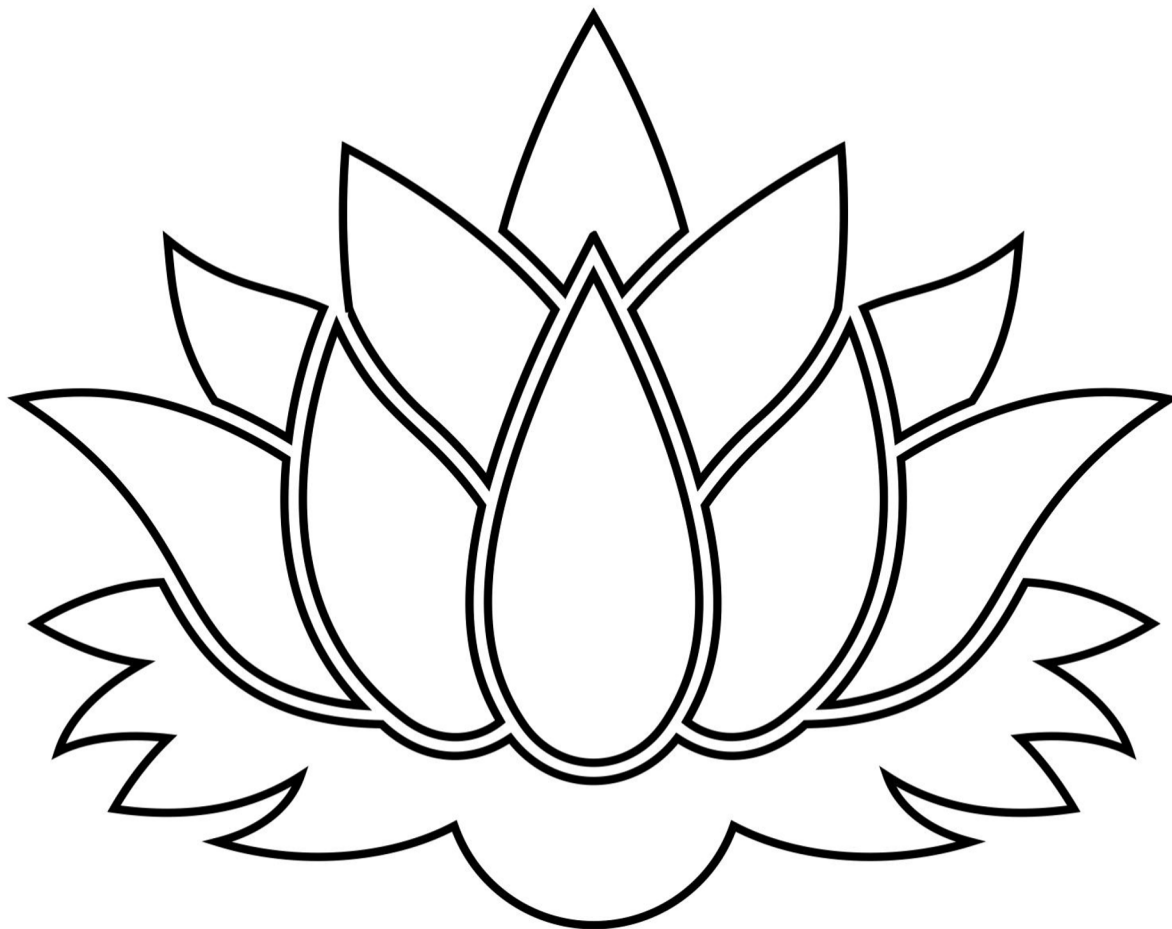


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# Sun Art

## Supplies

- Black Paper
- Flowers, sticks, leaves, toys, paper cut out shapes, etc.
- Tape



## Directions

- Pick out what items you want to create your sun art with. An outdoor scavenger hunt is great for gathering items for this!
- Tape your paper to a table/ground/porch. I used tape because it was fairly windy in my area.
- Lay out your items and tape them down.
- Leave outside in the sun for a few hours, coming back periodically to check on it. I left mine out for 3.5 hours.



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