## Spring Has Arrived: Let's break out those warm weather clothes!

It's time to pack away the sweaters, the coats, the winter hats and gloves, and to bring out the shorts, t-shirts, dresses, sunglasses, sun hats and bathing suits!

This week we are going to explore Warm Weather Clothes: what they feel like, what they look like, and how they differ from the things we wore this winter





## The Textures of Spring and Winter

Materials	Directions
<ul> <li>Lightweight fabrics such as: cotton or lace</li> <li>Heavy fabrics such as: wool, velvet, or fleece</li> </ul>	<ul> <li>Have your little one touch and explore fabrics from each season</li> <li>Narrate for them the differences or similarities between the fabrics (heavy/light, thick/thin, smooth/bumpy)</li> </ul>



## Beach Time at Home

Objectives	Materials & Directions
<ul> <li>Even though we can't travel, it doesn't mean we can't experience the beach in our house!</li> <li>Put on your best beach gear and grab your towel for some beach fun!</li> </ul>	<ul> <li>Things You'll Need:</li> <li>Beach towels</li> <li>Kinetic sand* (recipe on next page)</li> <li>Large Bin</li> <li>Sand toys</li> <li>Directions:</li> <li>Lay your towels down like you do on the beach</li> <li>Play with the kinetic sand however your little one wants! You can make shapes, dig, or try to build a sandcastle!</li> </ul>





## Kinetic Sand

Materials	Directions
<ul> <li>Mixing bowl</li> <li>Measuring cup</li> <li>Measuring spoons</li> <li>Fine white sand</li> <li>2 tbsp Corn starch</li> <li>1 cup of water</li> <li>Dish soap</li> <li>Food coloring (optional)</li> </ul>	<ol> <li>Pour sand into a mixing bowl</li> <li>Add cornstarch to sand and mix</li> <li>In a separate container measure 1 cup of water</li> <li>Add 1 tsp of dish soap to water and mix until bubbles appear on the surface</li> <li>(Optional) Add ~6 drops of food coloring to soap solution and stir</li> <li>Slowly pour soap solution into sand and mix as you go</li> <li>Enjoy!</li> </ol>



## Spring time-Water Play

- Can be done inside or outside
- Take an empty bin or plastic container and fill it with water
- Cut a clean sponge in half and give your child one half
- Dip the sponges in the water and squeeze it out.
- Also with a clean condiment bottle or easy to squeeze bottle, fill with water and let your child squeeze the water out. Shake it all around!





## Wind Activity

# Experiencing and simulating the blowing wind!

- If there's a nice breeze or wind outside, sit outside and feel the air and practice blowing air
- Create a paper fan and let your child fan themselves or you
- If you have a inside fan, feel the air blow and making funny noises into the fan



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## Rainy Weather Gear

Break out your rain gear to head out into the rain and splash in some puddles, or go for a quick walk.





As long as there's no thunder or lightening, have fun playing in the rain!



### Five Little Ducks

#### **Materials:**

- Duck template
- Scissors
- Yellow paper
- Tape or glue
- Popsicle sticks

### **Directions:**

- Print template
- Cut out ducks
- Glue to popsicle sticks
- Sing "5 Little Ducks"

Five Little Ducks went out one day, Over the hills and far away. Mama Duck said Quack, quack, quack. And only four little ducks came back.

\*Proceed four little ducks, three, two, and one.\*

Mama Duck went out one day, Over the hills and far away. Mama Duck said Quack, quack, quack. All her little ducks came waddling back







