Objective and Goals:

- Students will be able to define what spring season is through key words like flowers, showers, rain, puddles, greenery, gardening
- Students will have the opportunity to see, feel, and hear objects pertaining to spring season

Guiding Questions:

- What is spring time?
- What happens in the spring?
- How is the weather in the spring?
- What does spring look like?
<table>
<thead>
<tr>
<th>At Home Exploration</th>
<th>Books &amp; Objects</th>
<th>Activities</th>
<th>Science</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lots of veggie and fruit scraps can be used to grow more; if you have any leftover, try replanting with your child. <a href="#">Link to see how</a></td>
<td><em>Plant the Tiny Seed</em></td>
<td>Fill watering cans and practice watering the grass, flowers, and /or garden. You can also make a watering can by taking a cup and taping foil to the top with some holes to let the water escape.</td>
<td>Examine soil and /or dirt</td>
</tr>
<tr>
<td>Use pots, spades, watering cans, gloves, dirt, and other gardening tools to talk about planting, if you don’t have any in your home here is a <a href="#">link to a Learning Lab</a> so you can look at photos.</td>
<td><em>Spring is Here</em></td>
<td>Recreate spring showers (if it is not already raining). Head outside in rain boots with umbrellas and use water to imitate the rain. Or wait for it to rain and explore rain on the plants and trees.</td>
<td>Plant your own seeds and observe what happens. Take a picture each day so you can go back and talk about the changes</td>
</tr>
<tr>
<td></td>
<td><em>And Then it’s Spring</em></td>
<td>Make your own flowers: to do this you can paint using bright pastels and when it is dried cut the shape into a flower, attach a “stem” (can use straw) to make your own flowers for spring</td>
<td>Wonder &amp; Talk about:</td>
</tr>
<tr>
<td>Take a walk and find flowers, insects, and animals that start to appear during spring time.</td>
<td><em>Watering cans</em></td>
<td></td>
<td>- How does water help plants to grow?</td>
</tr>
<tr>
<td></td>
<td><em>Paint</em></td>
<td></td>
<td>- How can food scraps regrow again?</td>
</tr>
<tr>
<td></td>
<td><em>Umbrellas</em></td>
<td></td>
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<tr>
<td></td>
<td><em>Gloves</em></td>
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<tr>
<td></td>
<td><em>Spade</em></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td><em>Seeds</em></td>
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</tbody>
</table>

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[@SEECstories](http://SEECstories.com)
## Summer

### Objective and Goals:
- Students will be able to define what the summer season is through key words like sun, heat, hot, vacations, beaches, outside
- Students will have the opportunity to see, feel, and hear objects pertaining to summer season

### Guiding Questions:
- What is summer time?
- What do people do in the summer?
- Why does the temperature rise in the summer?
### At Home Exploration

- Make your own sand using 4 cups flour and ½ cup oil. Mix together and build your own sandcastles.
- Sensory play with water. Fill a sink, bucket, or tub. You can simulate the beach by playing ocean wave noises.
- Make the sun using yellow construction paper or color plain paper.
- Explore summer attire. Grab different types of clothing you wear in summer and compare it to your winter clothes; discuss differences.

### Books & Objects

- Summer Fun [https://www.youtube.com/watch?v=PAb_p8Mz8c0](https://www.youtube.com/watch?v=PAb_p8Mz8c0)
- And Then Comes Summer [https://www.youtube.com/watch?v=CsV_SzPPN0w](https://www.youtube.com/watch?v=CsV_SzPPN0w)
- Froggy Learns to Swim [https://www.youtube.com/watch?v=ell_Yq423-Y](https://www.youtube.com/watch?v=ell_Yq423-Y)

### Activities

- Create your summer beach using sand (real or homemade), chairs, towels, and an umbrella in a sunny spot and relax while enjoying the warmth.
- Make your own picnic. Pack and make lunch together by putting all your favorite snacks and treats in a basket. Grab a blanket and set it up (either inside or outside) on the ground, lay out all necessary objects. You can bring pillows, books, and music.
- Spend some time outside in the sun and talk about what the sun feels like; practice putting on sunscreen.

### Science

- Discuss why water helps us cool down on hot days and that it evaporates when it is hot outside.
- Splash some water outside, outline it in chalk, return 15 minutes later to see if it was evaporated by the sun; discuss why or why not.
- Explore the sun. Where is it located? How does it move? How does it feel on your body?
Autumn

Objective and Goals:
- Students will explore the season of Autumn.
- Students will have the opportunity to use all five senses while learning about Fall.
- Students will learn through play/adult modeling and narrating.

Guiding Questions:
- What colors do you see in Fall?
- What does Fall smell like?
- How is Autumn different from Summer and other seasons?
- What clothes do we wear in Fall?
- How do leaves feel? (soft? crunchy?)
<table>
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<tr>
<td>Taste different flavors reminiscent of Autumn: toss sliced apples with a touch of cinnamon or drink a yummy herbal tea.</td>
<td>Kitten’s Autumn by Eugene Fernandes <a href="https://youtu.be/2SzSS2p5P0A">https://youtu.be/2SzSS2p5P0A</a></td>
<td>Create your own tree and leaves out of a paper towel/toilet paper roll and colored paper.</td>
<td>Autumn Leaves <a href="https://youtu.be/orl0CQ1GA5g">https://youtu.be/orl0CQ1GA5g</a></td>
</tr>
<tr>
<td>Grab any spices to smell from your spice cabinet that remind you of Fall; nutmeg, cinnamon, all spice, cloves, pumpkin spice to add to homemade playdough, or wafting the scent for your Toucan is great if you don’t feel like making dough!</td>
<td>We Are Grateful by Traci Sorrell <a href="https://youtu.be/3-diB60TZQA">https://youtu.be/3-diB60TZQA</a></td>
<td></td>
<td>Autumn Time <a href="https://youtu.be/z9Dfa_o_pO8">https://youtu.be/z9Dfa_o_pO8</a></td>
</tr>
<tr>
<td>Go on a walk to spy different leaves. Touch/feel the leaf if possible and maybe collect some that have fallen.</td>
<td>Summer Green To Autumn Gold by Mia Posada <a href="https://youtu.be/piM-OEjfvxE">https://youtu.be/piM-OEjfvxE</a></td>
<td>Gather different toys/objects that represent fall colors. Create areas for the different colors (can use a towel to designate each space) and have fun color sorting.</td>
<td>Autumn is Coming <a href="https://youtu.be/vxlG6tI5Bj8">https://youtu.be/vxlG6tI5Bj8</a></td>
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<td>Fall by Tanya Thayer <a href="https://youtu.be/_cYowlKiN70">https://youtu.be/_cYowlKiN70</a></td>
<td></td>
<td>Gray Squirrel <a href="https://youtu.be/pqpz8fDR8mU">https://youtu.be/pqpz8fDR8mU</a></td>
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Winter

Objective and Goals:
● Students will learn about the season of Winter and related concepts.
● Students will have the opportunity to use all their senses to explore the season.
● Students will learn through play and adult modeling/narrating

Guiding Questions:
● What does Winter feel like?
● What colors do you see in Winter?
● What do you wear in Winter time?
● What smells do you associate with Winter?
● What activities can you only do in Winter?
<table>
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| Explore a Learning Lab collection of Winter images and concepts. | **We’re Going on a Bear Hunt**, by Michael Rosen & Helen Oxenbury  
**Over and Under the Snow**, by Kate Messner  
**No Two Alike**, by Keith Baker  
**The Very Sleepy Bear**, by Nick Bland | **Do you want to build a snowman?**: Get your crayons and draw a snowman. Using construction paper, cut out the body parts and have your child assemble them. Or collect twigs outside and use your homemade playdough!  
**Let it snow**: Build a structure with blocks you are comfortable washing and using a sieve sprinkle flour/cornstarch on top Or using a little dish soap/ bubble bath and a large-ish waterproof container/ empty bathtub, create lots of foam your child can form into a snowscape.  
**Explore a bear’s den**: Make a cave using couch cushions and a blanket and tuck a teddy bear inside and grab a flashlight  
**Matching**: Help your child match gloves, mittens, socks | **I Have A Little Snowman**  
**Make a snowflake**: Color paper with Winter colors and work with your child to fold and cut out pieces. Then carefully unfold it to see the snowflake they created!  
**Go ice skating**: Wrap a little aluminum foil around the bottom of your child’s shoes and invite them to skate. Alternatively, tape a couple of paper plates to their shoes and these can be snowshoes, skates, or even skis! **WARNING**: paper plates can be slippery on smooth surfaces! We don’t want the experience to be that realistic.  
**Have some hot cocoa** (warm up some chocolate milk) or **hot cider** (warm up apple juice and add a cinnamon stick) on a cold or, more likely, rainy day. |

| Socks, mittens, gloves  
Flashlight  
Shovel  
Ice |